Saline/Insulin Start
OmniPod Training Checklist

Insulet Corporation
9 Oak Park Drive, Bedford, MA 01730
Tel: 1-800-591-3455 Fax: 1-877-467-8538
MyOmniPod.com

OmniPod®
Insulin Management System

Confidential Protected Health Information

Date

/ / Pre-Pod / / Saline Start / / Insulin Start / / Follow-up

Supplies for Training
- ◯ Pod
- ◯ PDM (Personal Diabetes Manager)
- ◯ Saline or Insulin / alcohol swab
- ◯ FreeStyle® strips / lancets, device/control solution

OmniPod Insulin Management System – Overview
- ◯ Communication, process, distance, failures
- ◯ Status unavailable, RF icon

Pod Overview
- ◯ Watertight (IPX8) 25 feet 30 minutes
- ◯ Worn for up to 3 days
- ◯ Storage guidelines

PDM (Personal Diabetes Manager) Overview
- ◯ 2 AAA Alkaline Batteries, average life
- ◯ Internal lithium battery
- ◯ Button layout review
- ◯ Set-up Wizard - reset if patient has programmed Settings / System Set-up / Diagnostics / Reset PDM
- ◯ Completed Pump Therapy Orders (attach copy)
- ◯ Setting / Feature Reviewed (Pump Therapy Form)
- ◯ Screen time-out
- ◯ Back light time-out

Alerts, Alarms & Hazards
- ◯ On-screen instructions
- ◯ Customizable Alerts
  - ◯ BG Reminders
  - ◯ Missed Bolus Reminders
  - ◯ Expiration
  - ◯ Low Reservoir
  - ◯ Reminder
  - ◯ Confidence
- ◯ BG Meter Errors
- ◯ Advisory Alarms (beeps – response required)
  - ◯ Low Reservoir
  - ◯ Expiration Alert/Advisory
  - ◯ End of insulin suspend
  - ◯ Pod occlusion advisory
- ◯ Hazard Alarms (continuous tone– attention required)
  - ◯ Empty Reservoir – change Pod now
  - ◯ Pod Expired – change Pod now
  - ◯ Occlusion detected
  - ◯ Auto-off – remove Pod now
  - ◯ Errors: PDM, Pod, System

Pod Activation
- ◯ Change Pod
  - ◯ On-screen directions; *follow exactly*
  - ◯ Room temperature Pod and insulin
  - ◯ Fill syringe - Max/minimum amounts
  - ◯ Fill port / needle cap
  - ◯ Automated internal prime
- ◯ Site selection / rotation
- ◯ Site preparation
- ◯ Automated Cannula Insertion
  - ◯ Check infusion site / cannula / viewing window
  - ◯ Check BG 1.5-2 hrs. after insertion
- ◯ Blood Glucose Monitoring
  - ◯ Integrated FreeStyle® meter
  - ◯ FreeStyle® strip prescription
  - ◯ Manual BG Entry
- ◯ For PDM200 Only
  - ◯ Test Strip Port Light
  - ◯ BG Tagging
- ◯ Status Screen(s)
  - ◯ Battery life
  - ◯ Volume remaining
  - ◯ Time / Date
  - ◯ Last BG / Last Bolus
  - ◯ Current Basal Rate
  - ◯ Pod Expiration

Home Menu
- ◯ Bolus
  - ◯ Correction Bolus
  - ◯ Meal Bolus
  - ◯ Combination Bolus
  - ◯ Confirm / Deliver
  - ◯ Cancel Bolus
  - ◯ Extended Bolus
- ◯ Temporary Basal Rates
  - ◯ Increase / Decrease
  - ◯ 2 beeps every 30 min.
- ◯ My Records
  - ◯ Insulin, BG, Alarm, Carb, All History
  - ◯ Event / Day functionality
  - ◯ Download Program
- ◯ Suspend / Resume/Cancel
  - ◯ All delivery– time based
  - ◯ Temporary rate / Extended Bolus-Cancel
- ◯ Settings
  - ◯ Basal Programs
    - Edit basal 1: *Custom name*
    - Add new / Edit
  - ◯ Presets
    - Temp Basal Preset
    - Carb / Bolus – Presets
  - ◯ System Set-up
    - Change / Edit Settings

Additional Checklist items
- ◯ Pod Change Process
- ◯ Troubleshooting Hyperglycemia
- ◯ When to change Pod
- ◯ Daily Kit – back-up supplies
- ◯ OmniPod 24/7 Customer Care 1-800-591-3455
- ◯ Reviewed Customer's Bill of Rights and Responsibilities (in user guide)
- ◯ Reviewed User Guide

Patient Signature _____ Date _____

Patient Name (Print) _____ Telephone _____ Email _____

Street _____ City _____ State _____ ZIP _____

Date _____ Trainer Name (Print) _____ Trainer Signature _____

Call the doctor's office with diabetes management questions

FreeStyle is a registered trademark of Abbott Laboratories.

12135-AW R7 07/10