A reminder is a notification you can turn on or off at any time and customize to fit your needs. Your OmniPod has a number of different reminders:

- **Blood glucose (BG) reminders**
  Program your Personal Diabetes Manager (PDM) to remind you to check your blood sugar levels every time you deliver enter a bolus dose.

- **Bolus reminders**
  Your PDM can remind you if you haven't delivered a meal bolus within a specific time frame.

- **Program reminders**
  Your Pod will automatically beep to let you know that a temporary basal and/or extended bolus program is happening.

- **Confidence reminders**
  Your PDM is pre-set to beep so you can know when certain programs have started and finished, including:
  - Bolus delivery
  - Extended bolus
  - Temporary basal

- **Custom reminders**
  Enter text reminders into your PDM to be delivered when you choose.

An alert is a notification you can adjust based on your needs. There are 4 different kinds of alerts on your OmniPod:

- **Pod expiration alerts**
  When your Pod is about to expire (after 3 days), you'll hear 2 sets of beeps every minute for 3 minutes. This pattern will repeat every 15 minutes until you press OK on your PDM.

- **Low reservoir alerts**
  So you can plan ahead to change your Pod and make sure you have enough insulin, your Pod will alert you when your insulin reaches a certain level.
  - The Low reservoir alert will escalate to an Empty reservoir hazard alarm when your insulin is gone. To avoid this, be sure to respond to the alert promptly.

- **Auto-off alerts**
  Program your PDM to alert you if it hasn't received a Pod status within 1 to 24 hours.
  - The Auto-off alert will escalate to an Auto-off hazard alarm if you ignore it, and your Pod will deactivate. To avoid this, be sure to respond to the alert promptly.
Programming Reminders and Alerts

To program all reminders and alerts except Bolus reminders and Custom reminders, follow these simple steps. For more information about programming Bolus reminders and Custom reminders, see Chapter 6, Using the Personal Diabetes Manager, in your User Guide.

1. On home screen, choose **Settings**. Then press **Select**.

2. Choose **System setup**, then press **Select**.

3. Choose **Alerts/reminders**, then press **Select**.

4. Choose the option you want to set, then press **Select**.

5. Choose the desired option or set the desired value, then press **Select** or **Enter**.

Get to know your OmniPod Alarms

An **alarm** is a notification to make you aware of serious, or possibly serious, conditions.

When an alarm goes off, your PDM will display a message with instructions on what to do. If you ignore an alarm, your Pod could be deactivated—so be sure to respond to alarms promptly.

There are 2 types of alarms: **advisory** and **hazard**.

Advisory Alarms

Advisory alarms beep intermittently to let you know about a condition that requires your attention.

When you hear an advisory alarm, turn on your PDM to see the Status screen. A message will appear describing the alarm and telling you what to do next.

It’s important to resolve an advisory alarm as quickly as possible. If you wait too long to address the alarm, it can escalate to a hazard alarm.

Hazard Alarms

Hazard alarms are a continuous tone to let you know when the Pod is in a very serious condition or something is wrong with the PDM.

When a hazard alarm goes off, all insulin delivery stops. It’s very important to follow the instructions on your PDM to resolve the issue quickly:

**Step 1:** Press OK on your PDM to silence the alarm

**Step 2:** Deactivate and remove your current Pod

**Step 3:** Activate and apply a new Pod

To learn more about alarms and how to handle them, see Chapter 10, Alerts and Alarms, in your User Guide.